



**SPECIALISED BASKETBALL PROGRAM
AND BASKETBALL SCHOLARSHIPS
INFORMATION AND APPLICATION FORM**



St Norbert
College

Applications should be forwarded to: The Principal's Secretary, St Norbert College, PO Box 354, Cannington WA 6987
Telephone 9350 5433 or email snc@norbert.wa.edu.au

INTRODUCTION

St Norbert College introduced its Specialised Basketball Program in 2006. The program is available to boys and girls in Years 7 to 12 who wish to pursue excellence in the sport of basketball.

AIMS OF THE PROGRAM

Supplementing the holistic education provided by the College, the Specialised Basketball Program at St Norbert College aims to develop physical skills and fitness, teamwork, interpersonal skills and knowledge of sport officiating and coaching.

STRUCTURE OF THE PROGRAM

Students enrolled in the Specialised Basketball Program will represent St Norbert College. Continued development through club and association basketball competitions is expected. Teams will also be entered in interschool competitions, School Sport WA (SSWA) competitions and Associated and Catholic Colleges (ACC) competitions.

Students enrolled in the Specialised Basketball Program are expected to be nominating for Western Australian Basketball League (WABL) programs at their nominated association.

In each year group, students will receive expert coaching from St Norbert College staff through practical, theoretical and strength and conditioning sessions, structured as follows:

YEAR 7

Students receive two hours of training each week conducted before and after school. Students will develop the fundamental skills, understand basic team play, begin developing fitness to enhance their participation in basketball and provide the foundation for their ongoing development. Knowledge components will include knowledge on injury awareness and prevention. Students will participate in a sports taping course run by Sports Medicine Australia. Outlining common injuries in the sport of basketball and how to take the best course of support and prevention.

YEAR 8

Students select the subject Specialised Basketball as an elective in both Semester One and Two. They receive two hours instruction per week in class time. Fundamental skills, techniques and tactics will be the focus. Level "O" Score Bench Course and Level "O" Refereeing Course is conducted.

YEAR 9

Students select the subject Specialised Basketball as an elective in both Semester One and Two. They receive two hours instruction per week in class time. Skill, technique, teamwork extension, fitness and strength training introduction will be the focus. Knowledge components will include knowledge on injury awareness and prevention. Students will participate in a sports taping course run by Sports Medicine Australia. Outlining common injuries in the sport of basketball and how to take the best course of support and prevention.

YEAR 10

Students select the subject Specialised Basketball as an elective. They receive two hours instruction per week in class time. Further development of skill, technique, teamwork, fitness and strength training will occur. Students understand the foundations of Biomechanics. This is an excellent introduction to Year 11 and 12 Physical Education Studies Courses of Study. Students receive accreditation in coaching by the Australian Sports Commission.

YEARS 11 AND 12

Specialised Basketball is an Endorsed Program. Two hours of training will be conducted before and after

school each week. Students completing Year 11 and 12 will receive WACE Credit. Development continues in Basketball skills and fitness, coaching skills and training methods. Students are encouraged to enrol in either Stage 2/3 Physical Education Studies or Certificate II/III in Sport and Recreation.

SELECTION CRITERIA

The Specialised Basketball Program caters for full-time students enrolled at St Norbert College. The College welcomes applications from currently enrolled St Norbert College students and students from other schools. Selection will be based on both academic performance and physical skill levels. Positive attitudes towards both aspects will be an important part of selection in the program. Reports will be required from the student's current school and a reference from a club basketball coach.

The selection process will include scrutiny of references and school reports, participation in skill and fitness trials conducted at the College.

Successful applicants will be required to meet the following expectations:

- Maintain an excellent attendance and behaviour record.
- Display a positive attitude towards the College ethos.
- Participate consistently and to the best of their ability throughout their involvement in the program.
- Maintain a positive attitude towards their academic studies.
- Participate in College sporting activities other than basketball.

COUNTRY APPLICANTS

Accommodation for country students is available nearby at the Rotary Residential College, Victoria Park. A private school bus passes the hostel each day to provide transport to and from the College.

St Norbert College offers scholarship opportunities, and state government grants are available for boarding.

SCHOLARSHIPS

A limited number of Basketball Scholarships are available for students entering Years 8 to 12. The scholarships cover 50% of the applicable College tuition fees.

The Basketball Scholarship is named after Blessed Hugh of Fosse who was effectively the first disciple of St Norbert. Hugh met St Norbert in Valenciennes on March 26, 1119 and was so taken with his apostolic way of life that he decided to join him. When Norbert was appointed Archbishop of Magdeburg in 1126, Hugh of Fosse was elected the first Abbot of Prémontré.

Scholarships are reviewed at the end of Year 10 or after two years.

APPLICATION PROCESS

The following should be lodged as soon as possible.

1. Application form for Specialised Basketball Program.
2. Most recent school report.
3. St Norbert College Enrolment application form (for students not already enrolled at St Norbert College). **Applicants are strongly encouraged to complete a College enrolment package along with their Specialised Basketball application.** Enrolment to St Norbert College is in strong demand and there may be waiting lists in years you are applying for.

APPLICATIONS CLOSE FRIDAY, 12 JUNE 2020 AT 3.00PM.

Skill and fitness tests for the Basketball Program and scholarships will be conducted at the St Norbert College O'Reilly Centre, 135 Treasure Road, Queens Park, over two days.

Trial A will be held on **Thursday 25 June 2020 from 3.30pm and Trial B on Tuesday 30 June from 3.30pm.** (Country students unable to attend on the trial date are to provide a video tape showing their range of skills with their application form).

COACHING STAFF EXPERIENCE

MR RYAN GODFREY



PLAYING:

- 250+ SBL Games with the Rockingham Flames
- 2009-2014 Student Athlete at the University of West Georgia
- Western Australian State Basketball Team 16s, 18s, 20s (Leadership Group – 2005, 2007, 2009)
- 2008-2009 Australian Institute of Sport Tour Member
- 2008-2009 U/19 Australian Emus Member

COACHING:

- Level One Accredited Coach
- 18's WABL Championship Boys Head Coach 2018-2019
- St Norbert College Specialised Basketball Program 2016-present
- ACC Head Coach in 2019
- 2019 Western Australia 16s Metro Men's Assistant Coach



MR COLIN DRISCOLL



- Basketball New Zealand regional coach and development officer
- New Zealand high performance mentor for coaches and players
- Regional development officer for multiple associations
- Director and head coach for Basketball Pacific tour to Australia
- Steven Adams and OKC Camp - New Zealand
- Assistant coach for USA Impact Camps in Auckland
- Assistant coach for SBL 2017 State Championships
- Head coach WABL Under 16s Boys State Championships
- Lead coach Perth Redbacks Induction Day
- Assistant coach Armstrong Academy
- Lead coach iCollege Academy Perth
- Head Coach for Training Camp for Regent Payatta International School - Thailand
- St Norbert College Development Coach 2018-present

FEES / COSTS

Basketball Uniform	\$77.00	(This is ordered at the end of 2020 and purchased through the Uniform Shop in January. An order form will be sent out together with acceptance into the Program)
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Accreditation Courses

Year 8 BWA Refereeing Course	\$40.00	(subject to change)
Year 9 Sports Medicine Australia Sports Taping Course	\$20	(subject to change)
Year 10 Wheelchair Basketball Course	\$50.00	(subject to change)



St Norbert
College



Specialised Basketball Program 2021 Application Form

Student Name

Date of Birth

Personal details Male / Female

Height (cms)

Weight (kgs)

Address

..... Postcode

Telephone Number Hm: Mob:

Parent / Guardian Name(s)

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Parent Contact Telephone Numbers

Hm: Wk:

Mob:

Email:

Current School

Current Basketball Club

Are you currently enrolled at St Norbert College?.....

Year at School 2021

Year 7 Year 8 Year 9 Year 10 Year 11 Year 12 (Please circle)

I would like to apply for the St Norbert College Specialised Basketball program

I would like to apply for the Blessed Hugh of Fosse Scholarship (open to Years 8 to 12 only)



St. Norbert
College



Please address the following questions.

1 What is your current basketball involvement?

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2 What are your sporting achievements so far?

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3 What are your reasons for applying for this program?

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4 What are your future goals?

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Applicant's Signature

Date

Parent / Guardian Signature

Date

This application is to be accompanied by a copy of the most recent school report and most recent NAPLAN Report. References from coaches may be sent directly to the College.

Applications, together with a College enrolment application form (for non enrolled students), are to be lodged as soon as possible.

Specialised Basketball Program - Coach Reference

(Strictly confidential)

This reference is to be completed by the applicant's current or recent basketball or sport coach and is to cover the applicant's playing history and abilities. Please comment on the applicant's athleticism, skill level, attitude towards playing and training, and potential for development.

Name of Applicant Club / Team

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Signature of Coach Name of Coach

Date Contact Number

SPECIALISED BASKETBALL PROGRAM

"I've developed so much confidence in my game by being involved in the St Norbert Specialised Basketball Program."

NES'EYA WILLIAMS
ST NORBERT COLLEGE
AND PERTH LYNX PLAYER

SPECIALISED BASKETBALL PROGRAM





"The coaching staff at St Norbert College have given me the tools to make the most of my strong areas and improve the other parts of my game."

ETHAN PORT-LOUIS
ST NORBERT COLLEGE
AND PERTH REDBACKS PLAYER

SPECIALISED BASKETBALL PROGRAM





"Being a part of the St Norbert Specialised Basketball Program has improved my game immensely. I have gained so much confidence in my abilities."

SHENAE HARTREE
ST NORBERT COLLEGE
AND WA REPRESENTATIVE

135 Treasure Road, Queens Park WA 6107

T: (08) 9350 5433 F: (08) 9356 1602 E: snc@norbert.wa.edu.au

www.norbert.wa.edu.au